



Foundations

Ages 7-8

Foundations begins formal ballet training for children ages 7 and up. The class expands and explores ballet vocabulary. Discipline develops a stronger mental focus while strength and flexibility are slowly increased to properly develop the body for classical ballet as well as tap and jazz. Class meets 1 hour twice a week.

Attire:

- Cap Sleeve Leotard, Color Lavender
- Pink Tights – Body Wrappers C30 TPK or Capezio 14C
- Pink Ballet Shoes, Leather – No Canvas

Tuition: \$100.00 a month

Class Options: 1 hour - 2 times a week
Madison or Jackson location

Monday 3:30 Madison/ 4:30 Jackson

Tuesday

Wednesday 3:30 Madison/ 4:30 Jackson

Thursday